

The United States of America

INSULAR AREAS AND STATES



U.S. INSULAR AREAS

Area	Status	Organization	Population (2020)	Citizenship at birth	Voice in Congress	Electors	SSI	km from center
American Samoa	Unincorporated	Unorganized	49,710	U.S. nationals, not citizens	Delegate, 2-yr, no floor vote	None	No	7,418
Guam	Unincorporated	Organized	153,836	Citizens by statute (1950)	Delegate, 2-yr, no floor vote	None	No	7,633
Northern Mariana Islands	Unincorporated	Organized	47,329	Citizens by Covenant (1986)	Delegate, 2-yr, no floor vote	None	Yes	7,420
Puerto Rico	Unincorporated	Organized	3,285,874	Citizens by statute (1917)	Res. Commissioner, 4-yr, no floor vote	None	No	7,493
U.S. Virgin Islands	Unincorporated	Organized	87,146	Citizens by statute (1927)	Delegate, 2-yr, no floor vote	None	No	7,590
Baker Island	Unincorporated	Unorganized	uninhabited †	—	—	—	—	6,208
Howland Island	Unincorporated	Unorganized	uninhabited †	—	—	—	—	6,155
Jarvis Island	Unincorporated	Unorganized	uninhabited †	—	—	—	—	5,592
Johnston Atoll	Unincorporated	Unorganized	uninhabited †	—	—	—	—	4,237
Kingman Reef	Unincorporated	Unorganized	uninhabited †	—	—	—	—	4,956
Midway Atoll	Unincorporated	Unorganized	uninhabited †	—	—	—	—	3,708
Navassa Island	Unincorporated	Unorganized	uninhabited †	—	—	—	—	6,829
Palmyra Atoll *	Incorporated	Unorganized	uninhabited †	—	—	—	—	4,999
Wake Atoll	Unincorporated	Unorganized	uninhabited †	—	—	—	—	5,552

* Palmyra is the only incorporated U.S. territory. † No permanent civilian population; temporary military, research or refuge staff may be present. Distance: WGS 84 geodesic from the projection center (47.681°N, 142.364°W) to the capital, or to the island where uninhabited; the center is the midpoint of the two most distant points of U.S. territory, the south tip of Guam and the east end of St. Croix.

Scope: the fourteen U.S. territories. Excluded: the three freely associated states, which are sovereign, and the Guano Islands Act claims to Bajo Nuevo and Serranilla banks, administered by Colombia. Navassa Island (claimed by Haiti) and Wake Atoll (claimed by the Marshall Islands) are administered by the United States and are listed.

Citizenship: § 1402 (Puerto Rico; at birth since 13 January 1941), § 1406 (Virgin Islands; Act of 25 February 1927), § 1407 (Guam, Organic Act of 1950), § 1408 with § 1101(a)(29) (American Samoa and Swains Island are "outlying possessions": nationals, not citizens); CNMI Covenant § 301, effective 4 November 1986. The Fourteenth Amendment's Citizenship Clause was held not to reach American Samoa in *Filsemanu v. United States*, 1 F.4th 862 (10th Cir. 2021), cert. denied (2022).

Voice in Congress: one Resident Commissioner (Puerto Rico, four-year term, 48 U.S.C. § 891) and four Delegates (two-year terms, §§ 1711–1712, 1731–1732, 1751; Covenant § 901). None may vote on the House floor. Electors: presidential electors are appointed by the States, U.S. Const. art. II, § 1, cl. 2, and by the District of Columbia, amend. XXIII; no territory appoints any. Residents vote only in party primaries.

Constitution: in unincorporated territory only "fundamental" constitutional rights apply of their own force — *Downes v. Bidwell*, 182 U.S. 244 (1901); the Sixth Amendment jury right does not — *Balzac v. Porto Rico*, 258 U.S. 298 (1922). SSI: Supplemental Security Income is payable in "the 50 States and the District of Columbia", 42 U.S.C. § 1382(c), and in the CNMI by Covenant § 502(a)(1); the exclusion of Puerto Rico was upheld in *United States v. Vaeilo Madero*, 596 U.S. 159 (2022).

Federal income tax: income from local sources is excluded for bona fide residents of Puerto Rico and American Samoa (26 U.S.C. §§ 933, 931); the Virgin Islands, Guam and the CNMI collect a "mirror" of the Internal Revenue Code for their own treasuries (48 U.S.C. §§ 1397, 1421; Covenant § 601).

Authorities: 48 U.S.C. §§ 731b–731e, 734 (Puerto Rico); § 1421 et seq. (Guam); § 1541 et seq. (Virgin Islands); § 1801 note (CNMI Covenant); §§ 1661–1662 (American Samoa). Organic acts: Foraker Act (1900), Jones-Shafroth Act (1917), Pub. L. 81-600 (1950); Guam Organic Act (1950); Revised Organic Act of the Virgin Islands (1954); CNMI Covenant, Pub. L. 94-241 (1976). Palmyra: Hawaii Organic Act (1900); Hawaii Admission Act, Pub. L. 86-3, § 2; 48 U.S.C. § 644a; Executive Order 10967. Classification: U.S. Department of the Interior, Office of Insular Affairs.

Population: U.S. Census Bureau, 2020 Decennial Census (Puerto Rico) and 2020 Island Areas Censuses. Boundary geometry is a separate 2025 vintage.

Globe projection: azimuthal equidistant. Background: Natural Earth. Small-island symbols enlarged.

SCALES AT PUBLISHED SIZE

Polar globe (radial scale) 1:42,713,839

True distances from projection center only.

Center: 47.681°N, 142.364°W

Angular and area distortion increase outward.

CONVENTIONAL SIGNS

★ Capital • Town

■ Reef □ Lagoon

Paired bars: kilometres / statute miles

Each panel has its own scale.

RF values are nominal projected scales.

THE UNITED STATES OF AMERICA

Insular Areas and States

Sheet 2 of 2 · 24 × 36 inches

Compiled by Brian C. Louden · ORCID 0009-0005-1831-9911

Edition 1.0 (2026) · doi:10.5281/zenodo.22863229

Corrections: tips@viupdate.com. Errata published at the permalink.

<https://viupdate.com/map/>

Compiled and published 2026 · Christiansted, U.S. Virgin Islands



Horizontal datum: NAD 83 / WGS 84. Projections: local Mercator (regional panels); Albers equal-area (Lower 48, Alaska); Mercator (Hawaii). Boundaries: U.S. Census Bureau, 2025 Cartographic Boundary Files, 1:500,000 (GENZ2025 series, cb. 2025); boundaries as of January 1, 2025. Population: 2020 Census (Puerto Rico); 2020 Island Areas Censuses (American Samoa, Guam, Northern Mariana Islands, U.S. Virgin Islands). Town coordinates: GeoNames (CC BY 4.0). Atoll lagoon and reef detail: © OpenStreetMap contributors (ODBL). Design, layout and compilation © 2026 Brian C. Louden. Released CC BY 4.0. Underlying data remain under their own licenses as credited. Geometry derived from OpenStreetMap is licensed ODBL; any data files published alongside these sheets are distributed under ODBL. VI Update